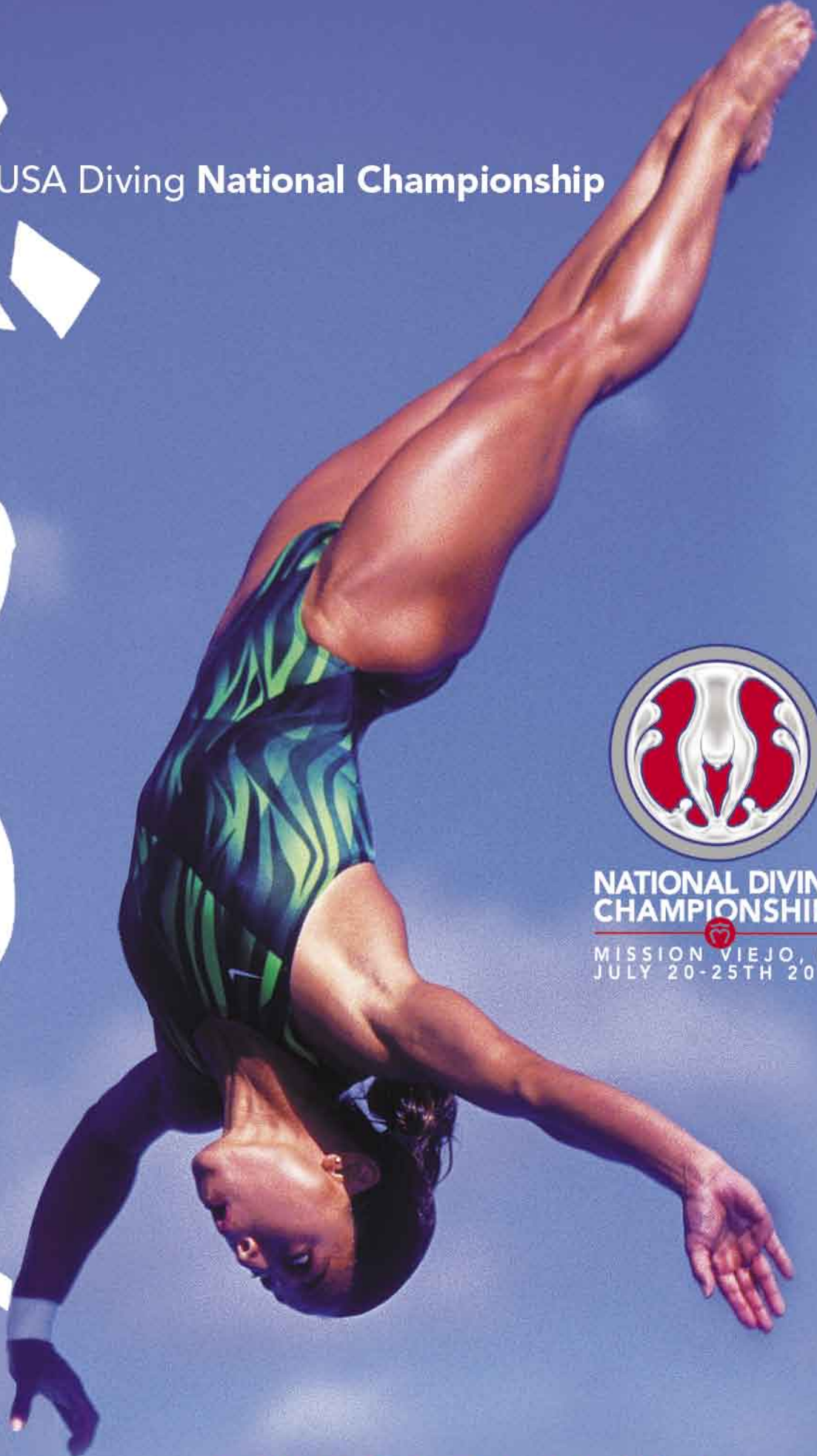


2004

USA Diving **National Championship**



**NATIONAL DIVING  
CHAMPIONSHIPS**

MISSION VIEJO, CA  
JULY 20-25TH 2004

MISSIONVIEJO.CA



## NATIONAL DIVING CHAMPIONSHIPS

MISSION VIEJO, CA  
JULY 20-25TH 2004

### **2004 USA Diving National Championship Information**

On behalf of the Mission Viejo Nadadores Diving Team, we welcome you to Southern California and congratulate you for participating in this prestigious event. We know this will be an exciting and thrilling competition. We will be honored with the Olympic Team members, their coaches, many of the Mission Viejo Alumni, and past Olympians.

Along with the USA National Diving Championships we will be celebrating our 25 years of diving excellence.

**Host:** Mission Viejo Nadadores Diving Team

**Meet Director:** Abel Sánchez

**Mailing Address:** MVND, 26861 Trabuco Rd., #71, Suite E, Mission Viejo, CA, 92691

**Meet Site:** Mission Viejo Aquatic Center, 27474 Casta Del Sol, Mission Viejo, CA

**Directions:** 5 Freeway to Alicia Pkwy (east), right on Trabuco, left on Marguerite, right on Casta Del Sol, right into parking lot.

**Dates:** July 20th-25th

26861 Trabuco Rd  
Mission Viejo, CA 92691  
(949) 380-2538

[mvndive@mvndive.com](mailto:mvndive@mvndive.com)



## NATIONAL DIVING CHAMPIONSHIPS

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### Entry Fee

There is a \$25 entry fee for each individual event entered and a \$25 entry fee for each synchronized team, for each event entered.

### Eligibility Requirements

- A Champion in an event at previous 2 US Diving Championships
- A member of the US Diving Team to the Previous Olympic Games in his or her Olympic event for the next 3 US Diving Championships
- A diver who has finished in places 2-12 in the previous US Diving Championship
- The top 5 finishers from each Geographic Zone Championship
- A diver who finished in places 1-5 in an event at the NCAA Division I National Championship

### Accommodations

#### MEET HEADQUARTERS

**Hilton Garden Inn**  
27082 Town Center Dr.  
Foothill Ranch, CA 92610  
Contact: (949) 859-4000  
Ask for US Diving Team rate

**Overflow from headquarters.**  
**Next door to the Hilton Garden,**  
**Hampton Inn**  
27102 Town Center Dr.  
Foothill Ranch, CA 92610  
Contact: (949) 597-8700  
Ask for US Diving Team rate

**Ayres Suites** - Mission Viejo  
28941 Los Alisos Blvd.  
Mission Viejo, CA 92692  
Contact: Lynne Gjertsen  
949-455-2545 Ext 403,  
949-455-9885 Fax

**Holiday Inn**  
25205 La Paz Road,  
Laguna Hills, CA 92653  
Contact: Chris Duke  
949-586-5000 x142

**Fairfield Inn** - Mission Viejo  
26328 Oso Parkway,  
Mission Viejo, CA 92691  
Contact: Alfredo  
(949) 582-7100

**Irvine Suites**  
23192 Lake Center Dr.  
Irvine, CA 92630  
contact: Joelle Mazone  
(949) 380-9888

**Best Western**  
23702 Rockfield Boulevard  
Lake Forest, CA 92630  
contact: Mohammad Faruqi  
(949) 458-1900

**Best Value Inn**  
23150 Lake Center Drive,  
Lake Forest, CA 92630-2837  
contact: Sandra Cangelosi  
(949) 855-1000

#### Airports

SNA- John Wayne Airport-  
Newport Beach / Santa Ana  
22.1 miles from the pool

LAX- Los Angeles Airport  
59.5 miles from the pool

LGB- Long Beach Airport  
36.3 miles from the pool

ONT- Ontario Int. Airport  
47.5 miles from the pool

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**GOLF TOURNAMENT**

**In support of the:  
MISSION VIEJO NADADORES**

The Mission Viejo Nadadores is a non-profit dive-training program that trains divers of all ages and abilities. We have trained many Olympians over the years and continue to do so today.

Thank you for supporting the Mission Viejo Nadadore Jr. Olympic Dive Team. You will have the privilege of playing along with the 2004 Olympic Diving Team, their coaches and past Olympians. Our tournament will be played at the brand new and beautiful Arroyo Trabuco Golf Course in Mission Viejo.

- Where:** Arroyo Trabuco Golf Course: 26772 Avery Parkway, M.V.
- When:** Tuesday, July 20th
- Time:** 8:00am. Shotgun Format. Box Lunch Included
- Cost:** \$150.00 per player. U.S. Registered Divers & Coaches: Your Cost \$100.00
- Prizes:** 1st, 2nd, and 3rd place. Longest Drive and Closet to the Pin.
- Attire:** Proper Golf Attire. No Denim and Soft Spikes Only.

Registration Forms and Payments must be received by June 17th. Please make checks payable to: Mission Viejo Nadadore Diving.

.....

Player 1: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Player 2: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Player 3: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Player 4: \_\_\_\_\_ Phone: \_\_\_\_\_

Total Number of Players x \$150.00: \_\_\_\_\_  
 Total Number of Players x \$100.00: \_\_\_\_\_

**Please mail entries to:**  
Joanna Hollingsworth  
18621 Crystal Canyon Rd.  
Silverado, Calif. 92676

Thank you for supporting the Mission Viejo Nadadore Dive Program

26861 Trabuco Rd  
Mission Viejo, CA 92691  
(949) 380-2538

[mvndive@mvndive.com](mailto:mvndive@mvndive.com)

The Mission Viejo Nadadores is a non-profit organization. Tax ID#: 33-0099234



**NATIONAL DIVING CHAMPIONSHIPS**

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**Preliminary Diving Sessions (Tues, Wed, Thurs, Fri):**

**Adults \$5**  
**Students \$3**  
**12&under \$0 (free admission)**

Tuesday, July 20th (12pm)  
Event 1 Women's 3-Meter Synchro Preliminaries; followed by  
Event 2 Men's 10-Meter Synchro Preliminaries; followed by  
Event 3 Men's 3-Meter Synchro Preliminaries; followed by  
Event 4 Women's 10-Meter Synchro Preliminaries.

Wednesday, July 21st (12pm)  
Event 5 Women's 3-Meter Quarterfinal; followed by  
Event 6 Women's 3-Meter Semifinal.  
(12pm)  
Event 7 Men's 1-Meter Quarterfinal; followed by  
Event 8 Men's 1-Meter Semifinal A & B  
Event 9 Men's 1-Meter Final.

Thursday, July 22nd (12pm)  
Event 10 Men's 3-Meter Quarterfinal; followed by  
Event 11 Men's 3-Meter Semifinal.  
(12pm)  
Event 12 Women's 1-Meter Quarterfinal; followed by  
Event 13 Women's 1-Meter Semifinal A & B  
Event 14 Women's 1-Meter Final.

Friday, July 23rd (10am)  
Event 15 Women's 10-Meter Quarterfinal; followed by  
Event 16 Women's 10-Meter Semifinal.  
(3pm)  
Event 17 Men's 10-Meter Quarterfinal; followed by  
Event 18 Men's 10-Meter Semifinal.

**Finals (Sat, Sun):**

**Adults \$10**  
**Students \$5**  
**12&under \$3**

Saturday, July 24th (12pm)  
Event 19 Women's 3-Meter Final; followed by  
Event 20 Men's 10-Meter Final.  
(3pm)  
Event 21 Women's 3-Meter Synchro Final; followed by  
Event 22 Men's 10-Meter Synchro Final.

Sunday, July 25th (12pm)  
Event 23 Men's 3-Meter Final; Followed by  
Event 24 Women's 10-Meter Final.  
(2pm)  
Event 25 Men's 3-Meter Synchro Final; Followed by  
Event 26 Women's 10-Meter Synchro Final.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please mail to: Joanna Hollingsworth  
18621 Crystal Canyon Rd.  
Silverado, Calif. 92676

# of Prelin Adult Tickets: \_\_\_\_\_  
# of Final Adult Tickets: \_\_\_\_\_  
# of Prelin Child Tickets: \_\_\_\_\_  
# of Final Child Tickets: \_\_\_\_\_

Please make checks payable to: Mission Viejo Nadadores Diving

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**Alumni / VIP Sponsor Packet**

- VIP Seating
- Tickets to all sessions (20 sessions)
- Lunch Wednesday, Thursday, Friday, Saturday, & Sunday During Competition
- Private Entrance to the Pool
- Event Shirt
- Name in Program
- With or Without Golf

**Prices:**

<b>For 1 Person</b>	<b>For 2 People</b>
<b>With Golf - \$245</b>	<b>\$480</b>
<b>Without Golf - \$95</b>	<b>\$180</b>
<b>1w/ Golf &amp; 1w/out Golf</b>	<b>\$330</b>

Sponsor packages are tax deductible:  
Mission Viejo Nadadores Foundation Non-Profit Organization #33-0099234

**If you are interested in being a Corporate Sponsor contact:**

**Abel Sanchez**

Mission Viejo Nadadores Diving Team  
Meet Director, Office (949) 380-2538, Fax (949) 666-5562  
26861 Trabuco Rd, #71, Suite E, Mission Viejo, CA 92691

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please mail to: Joanna Hollingsworth  
18621 Crystal Canyon Rd.  
Silverado, Calif. 92676

Amount: \_\_\_\_\_

Tickets will be held at will call

Please make checks payable to: Mission Viejo Nadadores Diving

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## NATIONAL DIVING CHAMPIONSHIPS

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### Schedule of Events

Saturday, July 17th	Open workout	9am – 7pm
Sunday July 18th	Open workout Flight workout Registration	7-8am & 6-7pm 8am – 6pm 1pm – 3pm
Monday July 19th	Open workout Flight workout Registration	7-8am & 6-7pm 8am – 6pm 10am – 3pm
Tuesday, July 20th	Registration Open workout Group A Group B Group C (12pm) Event 1 Event 2 Event 3 Event 4 Open workout	8am – 11am 7am – 9:30am 9:30am – 10:10am 10:10am – 10:50am 10:50am – 11:30am Women's 3-Meter Synchro Preliminaries; followed by Men's 10-Meter Synchro Preliminaries; followed by Men's 3-Meter Synchro Preliminaries; followed by Women's 10-Meter Synchro Preliminaries; followed by until – 6pm
Wednesday, July 21st	Open workout Group A Group B Group C (12pm) Event 5 Event 6 (12pm) Event 7 Event 8 (6pm) Event 9 Open workout	7am – 9:30am 9:30am – 10:10am 10:10am – 10:50am 10:50am – 11:30am Women's 3-Meter Quarterfinal; followed by Women's 3-Meter Semifinal. Men's 1-Meter Quarterfinal; followed by Men's 1-Meter Semifinal A & B Men's 1-Meter Final. until – 7pm
Thursday, July 22nd	Open workout Group A Group B Group C (12pm) Event 10 Event 11 (12pm) Event 12 Event 13 (6pm) Event 14 Open workout	7am – 9:30am 9:30am – 10:10am 10:10am – 10:50am 10:50am – 11:30am Men's 3-Meter Quarterfinal; followed by Men's 3-Meter Semifinal. Women's 1-Meter Quarterfinal; followed by Women's 1-Meter Semifinal A & B Women's 1-Meter Final. until – 7pm
Friday, July 23rd	Open workout Group A Group B Group C (10am) Event 15 Event 16  (3pm) Open workout Event 17 Event 18 Open workout	7am – 9:30am 9:30am – 10:10am 10:10am – 10:50am 10:50am – 11:30am Women's 10-Meter Quarterfinal; followed by Women's 10-Meter Semifinal. Group A – 1pm – 1:30pm Group B – 1:30pm – 2pm Group C – 2pm – 2:30pm 2:30pm – 2:45pm Men's 10-Meter Quarterfinal; followed by Men's 10-Meter Semifinal. until – 7pm
Saturday, July 24th	(12pm) Event 19 Event 20 (3pm) Event 21 Event 22 Awards Diving Show	Women's 3-Meter Final; followed by Men's 10-Meter Final. Women's 3-Meter Synchro Final; followed by Men's 10-Meter Synchro Final; followed by
Sunday, July 25th	(12pm) Event 23 Event 24 (2pm) Event 25 Event26	Men's 3-Meter Final; Followed by Women's 10-Meter Final. Men's 3-Meter Synchro Final; Followed by Women's 10-Meter Synchro Final.

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